



MY INTERNALLY DISPLACED PERSONS IMPACT REPORT

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RESTORING DIGNITY TO DISPLACED PERSONS IN POST- CONFLICT SITUATIONS IN NORTH-EAST NIGERIA.

THERE IS GREAT POTENTIAL IN EVERYONE.

FUNDAMENTAL APPROACH:

- Community based interventions focused on the overall well-being of Internally Displaced Persons (IDPs).
- Supporting individuals and communities to heal the psychological wounds and rebuild social structures after the conflict.
- Support people to be active survivors/economic actors who participate in the recovery process and rebuilding their lives.
- Non-clinical mental health and psychosocial support.
- Simple and scalable solutions.
- Interventions aimed at providing evidence in policy making.
- Advocacy for the integration of the health (mental & physical), education, and social needs of displaced persons into broader socio-economic reforms.

Rebuilding Lives and Restoring Dignity

People, Reach and Impact

**1 MISSION:
DIGNITY FOR DISPLACED PERSONS**

**4
INTERNALLY DISPLACED PERSONS
CAMP**

**5
YEARS**

**6000+
PEOPLE**

MENTAL HEALTH.
PHYSICAL HEALTH.
HUMANITARIAN.
EDUCATIONAL.
SOCIAL.

WOMEN.
CHILDREN.
ADOLESCENTS.
MEN. CAMP
LEADERS.

Rebuilding Lives and Restoring Dignity

Mental Health, Psychosocial Support and Livelihood Promoting Activities

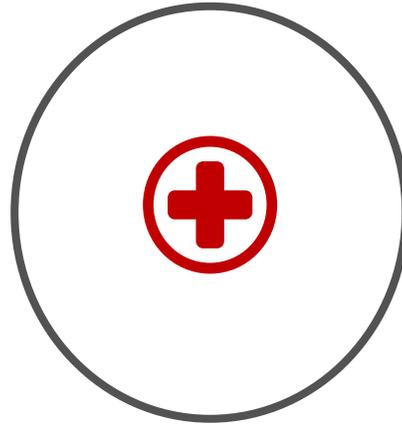
**72
People**



Mental Health

Community led support to improve overall well-being through counselling, focus groups, and providing safe spaces for people to share their experiences.

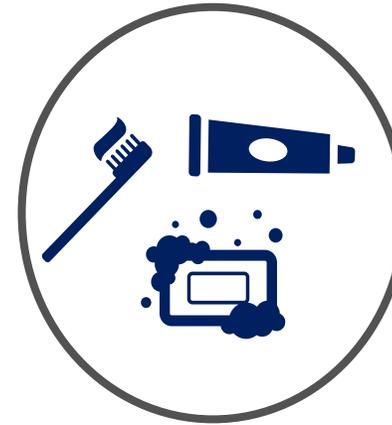
**97
People**



Physical Health Assessment & Support

Medical support to specific groups including:
Children < 18
Women < 50
Men < 50
Geriatrics.
Free medical check-up, medication and health advice.

**1000 girls &
women**



Dignity Kit

Meeting the personal and menstrual hygiene needs of girls and women to reduce abuse and exploitation. Provision of these items also reduce social stigma among adolescent girls.

**5000 +
People**



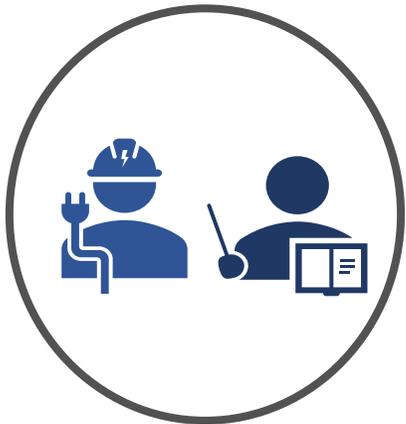
Humanitarian Support

Providing the basic and immediate survival needs of food, water, and clothing.

Rebuilding Lives and Restoring Dignity

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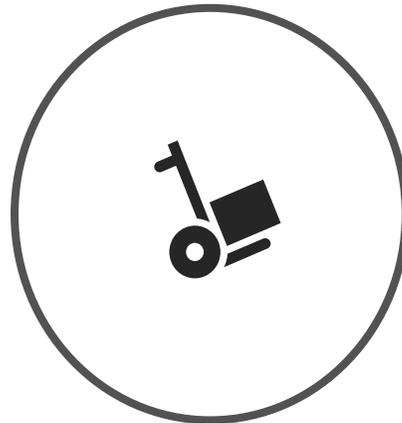
55
People



Skill Acquisition

Training men and women on livelihood promoting activities to reduce idleness, improve their state of mind, create a source of income and generally improve their outlook for the future.

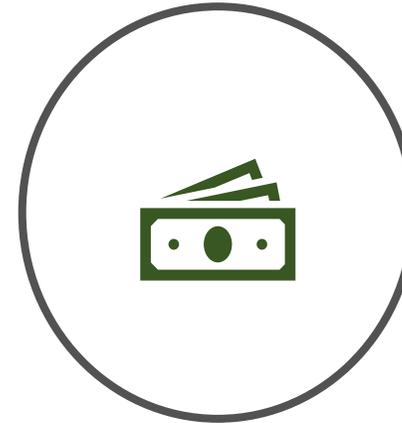
55
People



Business Tools/Equipment

Providing the tools required to start a business. This enables them to start deploying skills learned and earn an income.

22
People



Business Start-up Grant

Financial grant to support businesses that will enable financial independence and provide a sustainable source of income. This improves social interaction and acceptance within the camp.

5+
Women



New Businesses

Five of the financial grant recipients have been able to start new businesses. They are now able to be active survivors, providing for themselves and their families.

Rebuilding Lives and Restoring Dignity

Mental Health, Psychosocial Support and Livelihood Promoting Activities

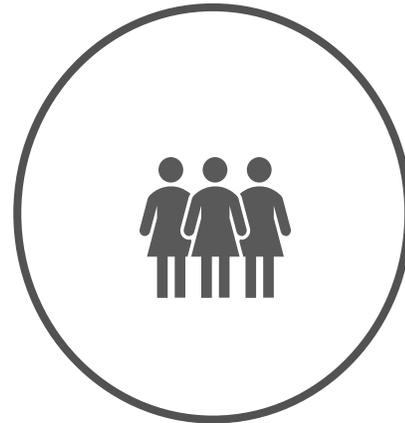
200
People



Education

Providing hand writing practice books, text books, pencils, and other items necessary to support and encourage self-learning and practice. This opens up their minds to possibilities and reduces the financial burden on their parents.

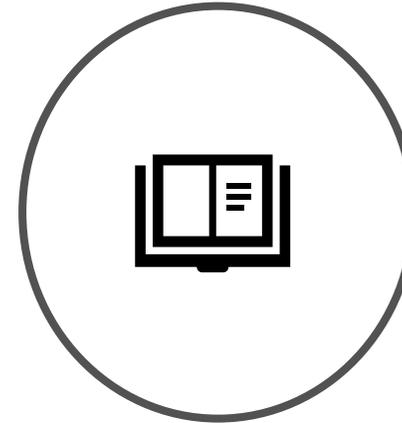
55 +
Adolescents



Mentorship

Mentorship and guidance to adolescent girls and boys. Providing advice and opportunities to help strive for a better future.

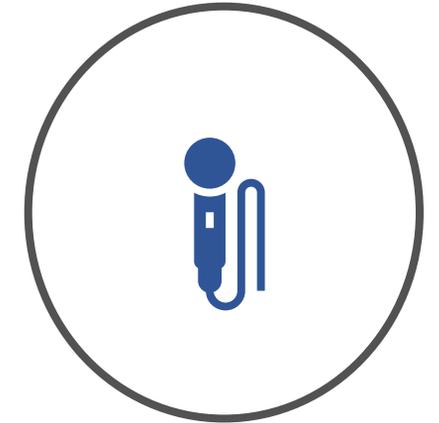
9
Publications



Publications

Use of data, information, and interventions to provide evidence required to direct and influence multisectoral policies for internally displaced persons.

4
Events



Advocacy

Bringing to light the plight of internally displaced persons through communication, international speaking, reports, books and social media.

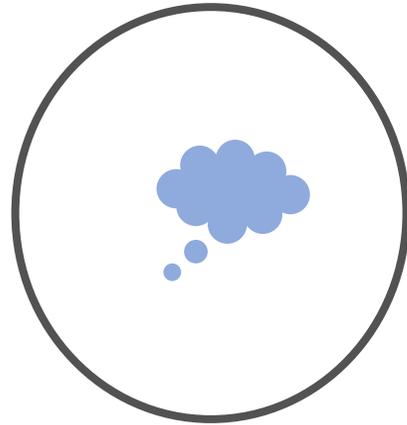
Rebuilding Lives and Restoring Dignity Initiatives



Safe Spaces for Children

Creating a safe space for children to thrive by engaging them through games, dancing, and group activities. Children are eager to participate, share and learn.

Target: Children under 13



“Come-Talk Area”

Creating a safe place for people to come and share their past and current experiences. They talk about issues on their mind and receive counselling and support.

Target: All



Focus Groups

Creating a safe space for small group discussions on issues including menstrual hygiene, personal hygiene, gender-based violence, etc.

Target: Adolescents, young adults and adults



Whistle Against Sexual Violence

Providing young girls with whistles to call for help when in danger. Young girls should feel safe when walking home, playing around or going to school. In many cases however, these girls are harassed and exploited.

Target: Adolescents and young adults